



INFORMED CONSENT FOR TELETHERAPY

This Informed Consent for Teletherapy contains important information concerning engaging in electronic psychotherapy or teletherapy and is only an adjunct to our clinic's Disclosure Statement, which retains its full effect. Teletherapy refers to the remote provision of psychotherapy services using telecommunications technologies such as video conferencing or telephone. Although there are benefits of teletherapy, there are some fundamental differences between in-person psychotherapy and teletherapy, as well as some inherent risks. For example:

Risks to confidentiality

Because teletherapy sessions take place outside of the typical office setting, there is potential for third parties to overhear sessions if they are not conducted in a secure environment. All parties must make effort to conduct sessions in a private environment. I am legally required to take reasonable precautions to protect all communications that are involved in teletherapy. However, there is a risk that our electronic communications may be compromised or accessed by a third party

Technology Issues

There are risks inherent in the use of technology for therapy that are important to understand, such as: potential for technology to fail during a session, potential that transmission of confidential information could be interrupted by unauthorized parties, or potential for electronically stored information to be accessed by unauthorized parties. We will utilize a platform that is in compliance with the Colorado Department of Regulatory Agency's Teletherapy policy. You are solely responsible to obtain the electronic devices or software necessary to engage in teletherapy.

Crisis management and intervention

As a regular form of treatment, teletherapy is not ideally suited for crisis situations or emergencies. Before engaging in teletherapy, we will develop an emergency response plan to address potential crisis situations that may arise during the course of our teletherapy work. During the course of telehealth treatment, I may determine that it is no longer an appropriate form of treatment for you, and we will discuss possible options for counseling or referrals to professionals who can provide more appropriate care.

Fees

The same fee rates shall apply for teletherapy as apply for in-person psychotherapy. However, insurance or other managed care providers may not cover sessions that are conducted using electronic psychotherapy. If your insurance, HMO, third-party payer, or other managed care provider does not cover electronic psychotherapy sessions, you will be solely responsible for the entire fee of the session. Please contact your insurance company prior to our engaging in teletherapy sessions in order to determine whether these sessions will be covered.

Signature of Client

Date

Signature of Therapist

Date